



Pulmonary Function Breathing Muscle Trainer Respiratory Muscle Exerciser For Lung Health

Our Product Introduction

Basic Information

- Place of Origin: China
- Brand Name: JaneJoy
- Certification: FDA and CE
- Model Number: J-10
- Minimum Order Quantity: 100
- Price: 13.5USD one set
- Packaging Details: 100pcs one carton
- Delivery Time: 25days lead time
- Payment Terms: T/T
- Supply Ability: 10000pcs per month



Product Specification

- Highlight: **Pulmonary Function Breathing Muscle Trainer, Lung Health Respiratory Trainer Device, Pulmonary Function Respiratory Muscle Exerciser**

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Product Description

Pulmonary Function Breathing Training Breath Trainer Device Respiratory Muscle Exerciser For Lung Health

Products Description

Product name	Lung breathing trainer for respiratory muscle training
MOQ	50 pieces
Size	6.02 x 4.29 x 1.77 inch
Weight	0.07 kg
Material	Silicone
Use crowd	Adults, children, old people, smokers, swimmers, athletes, singers
Logo	To be customized
Color	To be customized
Sample	Available
Support OEM	Support customized colors, packing, etc.

Product Description Lung fitness is portable, and in lightweight which enables you the easy-taking exercise anytime and anywhere, also it is an easy-clean and maintain device. The smart and comfortable design releases your hands during any kinds of your intense exercise. It provides you the food grade of a hard and soft silicone mouthpiece for your selection for your training. **Function** Enhance respiratory intensity and control performance. Train your anaerobic threshold and break through your limits. Improve oxygen intake and maintain endurance. Enhance respiratory intensity and control performance.

Break the limit The use of breathing trainer can improve the strength and endurance of respiratory muscles, the tired of respiratory muscles is a limiting factor in exercise, strengthening the respiratory muscles can improve the exercise limit. This device is helpful for those athletes who need to improve their physical performance during high intensity training. **How to use** Inhale hard for 2-3 seconds and exhale slowly through your mouth. 6 days a week - 2 sessions per day (morning and evening), 2 sets of 10 breaths per session with a few minutes rest between sets if needed. Start at 1 and 1 on the dial settings and increase weekly as tolerated. Try to train on a daily basis, as it may take up to 2-4 weeks to feel results. **Usage frequency** Only 5-10 minutes a day Breathing training can fit into even the busiest of schedules. It takes only 5-10 minutes a day - with one session in the morning and one in the evening. **Application** Adults, old people, children, smokers, swimmers, athletes, singers. **What you get** 1*Durable silicone mouthguard 1*Food grade plastic mouthpiece 1*Quick operation manual.



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