



Custom Silicone Respiratory Breathing Muscle Trainer Lung Trainer Device For The Lungs

Our Product Introduction

Basic Information

- Place of Origin: China
- Brand Name: JaneJoy
- Certification: FDA and CE
- Model Number: J-10
- Minimum Order Quantity: 100
- Price: 13.5USD one set
- Packaging Details: 100pcs one carton
- Delivery Time: 25days lead time
- Payment Terms: T/T
- Supply Ability: 10000pcs per month



Product Specification

- Features: Ergonomic Design
- Targeted Muscle Group: Breathing Muscles
- Usage: Breathing Exercises
- Size: One Size
- Suitable For: Athletes, Patients With Respiratory Conditions
- Benefits: Improved Lung Capacity
- Warranty: 1 Year
- Resistance Levels: Adjustable
- Highlight: **Silicone Respiratory Breathing Muscle Trainer, Custom Silicone Lung Trainer Device, The Lungs Respiratory Trainer Device**



Product Description

Capacity exercises respiratory muscle breath device lung exercise breathing trainer for the lungs

Product Description

Lung fitness is portable, and in lightweight which enables you the easy-taking exercise anytime and anywhere, also it is an easy-clean and maintain device. The smart and comfortable design releases your hands during any kinds of your intense exercise. It provides you the food grade of a hard and soft silicone mouthpiece for your selection for your training.

Function Enhance respiratory intensity and control performance. Train your anaerobic threshold and break through your limits. Improve oxygen intake and maintain endurance. Enhance respiratory intensity and control performance.

Break the limit The use of breathing trainer can improve the strength and endurance of respiratory muscles, the tired of respiratory muscles is a limiting factor in exercise, strengthening the respiratory muscles can improve the exercise limit. This device is helpful for those athletes who need to improve their physical performance during high intensity training.

How to use Inhale hard for 2-3 seconds and exhale slowly through your mouth. 6 days a week - 2 sessions per day (morning and evening), 2 sets of 10 breaths per session with a few minutes rest between sets if needed. Start at 1 and 1 on the dial settings and increase weekly as tolerated. Try to train on a daily basis, as it may take up to 2-4 weeks to feel results.

Usage frequency Only 5-10 minutes a day Breathing training can fit into even the busiest of schedules. It takes only 5-10 minutes a day - with one session in the morning and one in the evening.

Application Adults, old people, children, smokers, swimmers, athletes, singers.

What you get 1*Durable silicone mouthguard 1*Food grade plastic mouthpiece 1*Quick operation manual.

Products Description

Product name	Lung breathing trainer for respiratory muscle training
MOQ	50 pieces
Size	6.02 x 4.29 x 1.77 inch
Weight	0.07 kg
Material	Silicone
Use crowd	Adults, children, old people, smokers, swimmers, athletes, singers
Logo	To be customized
Color	To be customized
Sample	Available
Support OEM	Support customized colors, packing, etc.



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